

STINA RESOURCES LTD.

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STINA COMPLETES WORK ON KODIAK PROPERTY, AWAITING RESULTS

Stina Resources Ltd. (the “Company”) is pleased to announce that it has completed a work program on the Kodiak property in the Dawson Mining District of the Yukon Territory. The Kodiak property claim block consists of 152 claims covering 30 square kilometres or 6400 acres and **ties on to the southern side of Underworld White Gold Property**. The Kodiak claim block also straddles Thistle creek which was the richest placer gold-producing creek in the area given up more than 63,000 ounces of placer gold since the turn of the century.

Shawn Ryan of Ryanwood Exploration Inc (REI) was the vendor for the Kodiak property as well as for **Underworld's White Property** and re-evaluated the Geological Survey of Canada database for similar positive indicators for white-style mineralization on the Kodiak property. The GSC silt survey of the Thistle area identified anomalous gold and arsenic levels in silt samples collected from streams that drain from the Kodiak Property. The presence of elevated gold and arsenic values suggests potential for mineralization similar to that identified by Underworld Resources.

The recently completed work program consisted of 1,800 soil samples collected from the upland areas surrounding the silt anomalies.

View map reference online at www.stinaresources.com/stina_kodiak.pdf

Considering that Underworld and other junior mining companies operating in the White District have had considerable success using soil geochemical surveys to pinpoint areas of gold mineralization management is optimistic the initial program will identify targets that warrant follow up work. In the event that targets are defined, the Kodiak Property could easily be fast tracked because there is an access road and airstrip along Thistle Creek.

The Company entered into an option agreement with Ryanwood Exploration Inc. (“REI”) for a 100% interest in the Kodiak property on July 8, 2009.

There has been insufficient exploration to define a Mineral Resource on the Kodiak Property, and it is uncertain as to whether, or not, further exploration will result in the discovery of a Mineral Resource on the property. Carl Von Einsiedel, P. Geo, Inc. is a designated Qualified Person for the Company and was responsible for review of this news release.

Edward Gresko, President
Stina Resources Ltd.

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