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Stina Resources announces Metallic Screen Assays results from 2010 drilling samples

A total of 33 core sample rejects from the 2010-drilling program were re-analysed using Metallic screen assay methods. The assaying was conducted at ACME Analytical Laboratories in Vancouver, BC. The metallic screen analyses results indicate that initial core assays identified mineralized zones but, because of a gold nugget effect, results have varied using the metallic screen method. Metallic screen assays are a more accurate measure of the gold grade of a sample. Of the 33 samples, an average weight of 500 gm was re-sampled. Eleven samples returned higher results and 7 returned lower results and 15 samples returned the same result as the initial 30 gm gold fire assay.

Metallic screen methods assay both the –150 (fine) and +150 (coarse) mesh size and then combine them for a total gold content (gm/t Au). The technique is a test for the presence of coarse gold (nugget effect) in the sample. Sample material passing through the –150 mesh size measures only 0.104 mm. The material not screened is then also assayed and both results are combined to give a more accurate assay of the contained gold. The coarse (+150 mesh size) averages only 4% of the total sample weight.

Only the higher grade (>1 gm/t Au) samples showed variance using the metallic screen assay method. Samples lower than 0.01 gm/t Au showed very minor variance. The table below shows the variance between the original and the Metallic screen assays. Selected samples from all drill holes were re-run and all show that there is a nugget effect.

Drill Hole Number	From (m)	To (m)	Core length (m)	Metallic Screen Assay (Au gm/t)	Original Au gm/t (Au gm/t)	Difference
						+ or- (Au gm/t)
DDH-10-01	9.50	11.00	1.5	0.52	0.46	0.06
DDH-10-01	17.00	18.50	1.5	2.21	1.31	0.90
DDH-10-01	56.50	58.00	1.5	0.61	0.17	0.44
DDH-10-01	6.50	8.00	1.5	0.41	0.35	0.06
DDH-10-01	5.00	6.50	1.5	0.27	0.24	0.03
DDH-10-01	8.00	9.50	1.5	0.25	0.28	-0.03
DDH-10-02	84.50	86.00	1.5	0.63	0.73	-0.10
DDH-10-03	67.60	69.00	1.4	0.43	0.08	0.35
DDH-10-03	70.50	71.50	1.0	0.34	0.33	0.01
DDH-10-03	61.50	63.00	1.5	0.01	0.02	-0.01
DDH-10-03	58.50	60.00	1.5	2.19	4.15	-1.96
DDH-10-03	58.50	60.00	1.5	1.86	4.15	-2.29
DDH-10-04	59.90	61.40	1.5	5.98	3.34	2.64
DDH-10-04	61.40	62.90	1.5	2.80	1.88	0.92
DDH-10-04	78.50	80.00	1.5	1.11	1.02	0.09
DDH-10-04	89.00	90.50	1.5	0.18	0.44	-0.26
DDH-10-05	12.00	13.50	1.5	1.10	1.00	0.10
DDH-10-05	21.75	22.50	0.75	0.68	0.73	-0.05

Stina will incorporate continuous testing in the planned 2011 exploration program using metallic screen assay methods to monitor this nugget effect.

An metallic screen assay educational video is now on the Stina YouTube Channel www.youtube.com/user/StinaResources?feature=mhum#p/u/14/4O310Mqy5_0

R. Allan Doherty, P. Geo managed the 2010 property work on the Dime property for Stina Resources Ltd., and is a Qualified Person for the purpose of National Instrument 43-101 and has approved this press release.

For further information, please call 1-800-882-3213 or visit www.stinaresources.com

On behalf of the Board of Directors,

James Corrigan
President/ Director

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