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NEWS RELEASE

STINA PRESENTS RESOURCE ESTIMATE ON BISONI MCKAY Updated Geological Technical Report Submitted to TSX Venture Exchange

Mr. Gresko reports

Stina Resources Ltd. is pleased to announce that the Technical Report dated February 13, 2008 covering the initial Phase 2 exploration program on the Bisoni Mckay vanadium property in Nevada has been completed for Stina by Ed Ullmer, P. Geo of Westminster, Colorado. The Technical Report includes an account of the 2007 drilling program of twelve RC holes, a resource assessment by Maptek, Inc (Vulcan) of Lakewood, Colorado, and the results of the vanadium recovery tests from Hazen Research of Golden, Colorado.

This Technical Report updates the previous Phase 1 Bisoni Mckay Technical Report dated April 2006 prepared for Stina by John James, P. Eng. of J.A. Mine Inc., Lakewood, CO. and Ed Ullmer that includes exploration on the project up to December 2006.

The twelve drill holes were purposely located in a limited area of the vanadium trend in the north half of Area A. Stina's previous news release dated June 20, 2007 includes a drilling result summary with vanadium pentoxide (V_2O_5) grade averages and a hole location map. The close interval 2007 drill hole pattern consisting of two rows of holes with 100-foot hole spacings over an area about 800 feet long and 100 feet wide that also includes three core holes and three RC holes completed in 2005 (see June 20, 2007 news release). This array of holes in Area A-north half (see Figure 1) established the good continuity of vanadium grade and mineralization in the carboniferous shale host rock and the weathered shale above it and permitted an indicated resource determination for the drilled area. Importantly, the drilling confirmed the largest contingent of contiguous grades within the thickness of the target vanadiferous sequence to exceed 0.3% V_2O_5 or six pounds per short ton (st). The estimated true thickness of the contiguous vanadiferous beds in the area drilled ranges from 250 feet to about 300 feet. Grades in the 0.3% cutoff sequence ranged to 1.79% V_2O_5 with most values falling between 0.3% and 0.8% (6 lbs/st to 16 lbs/st).

The NI 43-101-compliant mineral resource study, completed in November 2007 by Maptek using the Vulcan program, determined indicated resources in Area A-north half totaling 8.07M short tons (st) averaging 0.43% V_2O_5 at the 0.3% grade cutoff zone and 10.6M st averaging 0.39% V_2O_5 at the 0.2% cutoff. Table 1 separates reduced and oxide mineralization. About 130 to 150 feet of oxidized shale overlies the carbonaceous mineralization, the result of deep weathering of the carbonaceous shale host rock. The transition from oxidized to reduced zone is typically abrupt, and in some holes there is supergene vanadium enrichment of vanadium from 5 to 35 feet below the redox horizon with grades that can be 50% to 150% higher than grades in the reduced shale below.

Because of geological evidence and good grade and mineralization continuity in Area A-North, an inferred resource estimate was calculated for Area A- south half using data from three 2005 RC holes, BMK 05-1, 2 and 3 at intervals slightly more than 200 feet apart. The results are presented in Table 2. Also included on Table 2 is a small increment of inferred resources on the north half of Area A.

Table 1 and Table 2 should be read independently of each other with respect to indicated and inferred tonnages. Total tonnage of combined indicated and inferred resources would be a combination of the two Grand Totals.

Table 1: Indicated Resource Calculations for Area A-North

Lithology	MII	Distance to Indicated Samples	0.1% V ₂ O ₅ Cutoff Tonnage	0.2% V ₂ O ₅ Cutoff Tonnage	0.3% V ₂ O ₅ Cutoff Tonnage	Average grade for 0.1% V ₂ O ₅ Cutoff	Average grade for 0.2% V ₂ O ₅ Cutoff	Average grade for 0.3% V ₂ O ₅ Cutoff
Oxide Total	Indicated	0-200 ft	5,386,090	4,617,674	3,546,154	0.33	0.36	0.39
Reduced Total	Indicated	0-200 ft	8,069,182	6,009,170	4,527,690	0.35	0.42	0.47
Grand Total			13,455,272	10,626,844	8,073,844	0.34	0.39	0.43

Table 2: Inferred Resource Calculations for Area A-South and North

Lithology	MII	Distance to Measured Samples	0.1% V ₂ O ₅ Cutoff Tonnage	0.2% V ₂ O ₅ Cutoff Tonnage	0.3% V ₂ O ₅ Cutoff Tonnage	Average grade for 0.1% V ₂ O ₅ Cutoff	Average grade for 0.2% V ₂ O ₅ Cutoff	Average grade for 0.3% V ₂ O ₅ Cutoff
South Half								
Oxide	Inferred	All	3,363,818	2,227,622	1,257,334	0.26	0.32	0.37
Reduced	Inferred	All	4,851,884	4,260,328	3,486,880	0.44	0.47	0.52
Total			8,215,702	6,487,950	4,744,214			0.48
North Half								
Oxide & Reduced	Inferred	200+	1,064,786	893,328	746,142	0.34	0.39	0.45
Grand Total			9,280,488	7,381,278	5,490,356	0.36	0.42	0.48

Hazen's vanadium extraction tests from oxide and reduced ore successfully recovered 74% vanadium from carbonaceous shale and 90% from the oxide zone rocks. The recovery procedures will be further optimized in future tests.

The detailed drilling on the north half of Area A reveals a thick section of vanadiferous carbonaceous shale capped with mineralized weathered, oxidized shale. Vanadium-bearing rock begins essentially on or within a few feet of the surface and continues down-dip below 450 feet, the current depth limit of drilling into vanadium-bearing strata. From Area A-north half, the vanadium trend continues south over 6000 feet to Area B (See Figure 1). The character of the mineralization in Area B appears similar to that drilled in Area A, but parts of the trend appear to have been narrowed and thinned by faulting, especially between Areas A and B. Evidence that the vanadiferous trend continues south of Area B comes from two historic borings and trenching by Hecla Mining Company. The southernmost area of the projected strike of the vanadiferous trend in Area C and beyond is still unexplored by Stina.

Further Phase 2 Exploration Plans

The current resource evaluation in the north and south halves of Area A does not complete the resource assessment there. There is much of the mineralization trend open to exploration and delineation. The down-dip, eastward extension of the mineralized beds has yet to be determined and evaluated as well as the west side of the trend that has likely been offset and possibly down-dropped by a north striking fault. The plunging mineralization at the north end of the vanadium trend has yet to be assessed as well as the extension south of the limits of drilling on the south half.

Farther south drilling will explore the region between Areas A and B where the down-dip extent of the vanadiferous unit has likely been bracketed and attenuated by north striking faults. Drilling south of Area B will assess the potential of the trend south of Willow Creek and, if possible, identify an inferred resource block. Further drilling on Area B will probably be deferred to a later phase of exploration.

Surface geologic mapping will continue with emphasis on the study of local faulting that may have offset mineralized beds that could be located by drilling.

The Technical Report also presents an amended Phase II program from that outlined in the April 2007 Technical Report, including a budgetary recommendation of CAD \$1.1M to complete the work phase.

This report is available at the company website at www.stinaresources.com in pdf format.

Ed Ullmer, P. Geo of Westminster, CO. is a designated Qualified Person for the Company and was responsible for the above mentioned Technical Report, subsequent amendments, and preparation and review of this news release.

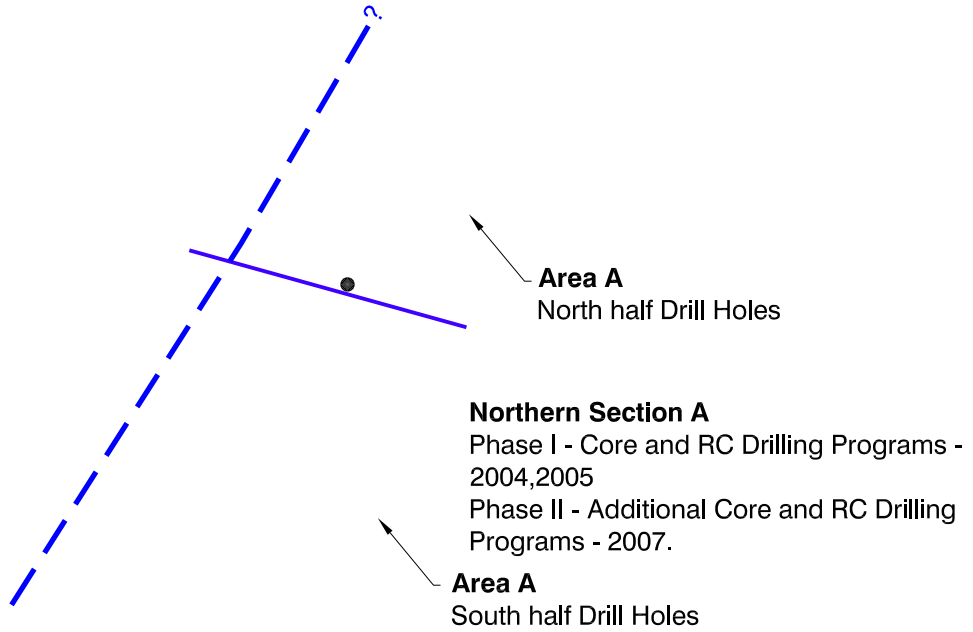
For further information please call **1-800-545-9940** or **1-800-882-3213**.

Our website is **www.stinaresources.com**

On behalf of the Board of Directors,

Edward Gresko,
President

THE TSX VENTURE EXCHANGE HAS NOT REVIEWED AND DOES NOT ACCEPT RESPONSIBILITY FOR THE ADEQUACY OR ACCURACY OF THIS NEWS RELEASE.



n between Areas B & C

FIGURE 1
 Stina Resources Ltd.
 Bisoni McKay Vanadium Property
 Nye County, Nevada
PLAN SHOWING EXPLORATION AREAS