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STINA ANNOUNCES COMPLETION OF 2011 DIME EXPLORATION PROGRAM

Stina Resources Ltd (TSX-V: SQA) (the “Company”) announces that it has completed a 14-hole 2,574 meters drill program on its 100% owned **Dime property** located 67 km southwest of Dawson City in the South Klondike/White Gold district. Drilling commenced on August 10 and was completed on September 18. All core has been logged and sampled, and results are pending for 1,750 core samples as well as 220 QA/QC samples including standards, blanks and duplicates.

Other work completed during the 2011 season included an airborne magnetometer and Radiometric survey over the entire Dime and the Kodiak Property claim blocks. 854 additional auger soil samples were collected, mostly over the Western Anomaly as infill sampling. A 1500 meter trenching program was also completed on the Western Anomaly.

Trench samples consist of a representative 5-meter continuous chip sample of bedrock and colluviums, weighing on average 6 lb per sample. This method has proven to be very effective in identifying areas for additional surface work or drilling in the South Klondike/White Gold District. Prior to receipt of the 5-meter trench sample results collected by Stina, independent Qualified Person Jean Pautler, P.Geo conducted independent grab samples from the same trenches and reproduced anomalous gold values within anomalies identified from the 5 meter continuous bulk chip samples collected by Stina crews earlier in the season.

The 2011 drill program was designed to test anomalous areas identified by soil and trench sampling on the Western Anomaly, and to follow up on successful drill results from 2010 on both the Eastern and Western anomalies (See News Release Aug 23, 2011).

Western Anomaly

Holes DDH-11-6 to 8 were collared to follow up on drill results from 2010. DDH-10-03 in 2010 returned 4.15 gm/t Au over 1.5 m from 58.5 m and DDH-10-04 in 2010 returned 0.71 gm/t Au over 32 m from 50.9 m including 1.1 gm/t Au over 9.6 m from 59.90 m. Holes DDH-11-6 to 8 intersected the same lithologic units as holes DDH-10-03 & 10-04, including silicified and pyritized vein breccias and strongly silicified and pyrite and arsenopyrite bearing silicified zones and granitic dykes and confirmed a steep south dipping east-west structure on the Western Anomaly.

Eastern Anomaly

Drilling on the Eastern anomaly consisted of 2,014 meters in 11 core holes drilled primarily based on trench anomalies. A complex cupola zone of granite intruding and brecciating metasedimentary rocks underlies the Eastern Anomaly. Core was strongly silicified, brecciated and hosted disseminated pyrite and arsenopyrite over significant widths. All core has been processed and results are pending.

A rigorous QA/QC protocol has been followed in 2011. Samples are shipped from the property to Acme Analytical Laboratories prep lab in Dawson City, Yukon. A 1 kg split is crushed to 80% passing 10 mesh. A second 250 g split is pulverized to 85% passing 200 mesh. A 30 gm /Ag in quart fire assay fusion by ICP-ES methods and a 31 element ICP analyses are completed in Vancouver. Sample batches include Certified Standards, blanks, and duplicates in each sample batch.

The Company is very pleased with the progress made during the 2011 exploration season. Despite weather and logistical challenges encumbering the entire Yukon in 2011, the Stina field staff conducted a very diligent, and successful work program. The Company drilled within its target range over both established 2010 targets and newly established 2011 targets on the Dime property in addition to soil sampling, trenching and air magnetic surveying, while maintaining its exploration budget.

The Board of Directors extends a sincere thank you to VP of Exploration, Mr. Al Doherty for his high level of standards, work ethic and professionalism over the 2011 work season, in addition to the entire field staff and consulting geologists Jean Pautler and Jo van Randen.

The Company expects to receive drilling assays over the next several weeks and will release results as they become available and have been evaluated.

I personally wish to thank shareholders for their continued support through a challenging financial period, and wish to reiterate the Company's commitment to continued development of its assets, and future exploration. I expect 2012 to be an even bigger year for Stina.

R. Allan Doherty, P.Geo is a qualified person as defined in National Instrument 43-101 and has reviewed and approved this news release. Mr. Doherty also managed the 2011 Dime exploration program onsite.

The Company encourages investors to visit its YouTube channel during the month of October as we kick off our Yukon Mini Series. Over the next several weeks, Stina will be releasing video presentations from the Yukon with actual footage from the Dime property, and never seen before presentations by President James Corrigan, CEO Jim Wall and VP of Exploration, Al Doherty. The first release is scheduled for tomorrow, and the channel can be accessed from the Company website.

For further information please contact 1-800-882-3213 or visit our website at www.stinaresources.com

On Behalf of the Board of Directors,

James Corrigan
President
Stina Resources Ltd.