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NEWS RELEASE

Stina Continues Developmental Studies of Bisoni McKay Vanadium Property

Stina Resources Ltd. (the “Company”) (TSX-V:SQA) is pleased to provide an update further to our news release of January 19, 2011 in regards to the preliminary economic assessment it commissioned Lyntek Inc to perform with respect to the Company’s Bisoni McKay vanadium property in North-Central Nevada (the “Property”).

The study is still in progress and shall be finalized once the Company has completed some further recommended metallurgical investigations to evaluate the Company’s ability to improve vanadium recovery and lower the recovery costs.

Although not finalized, the authors of the study made the following observations: The current final marketable product of the processing is vanadium pentoxide - V_2O_5 . The increasing demands for vanadium in new technologies have created interest and markets for vanadium compounds other than V_2O_5 , such as ammonium metavanadate or AMV, used especially for “Green” applications such as redox batteries. New vanadium products, based on new uses for vanadium, fetch higher market prices that will help the economics of the project. Of the milling options evaluated thus far, those which required high sulfuric acid consumption have provided identifiable challenges for which the Company is pursuing alternative strategies such as alkaline leaching and other methods.

The Company plans to follow the interim recommendations made so far, and also pursue additional metallurgical investigations to evaluate the recoveries associated with froth flotation of the reduced ores, and alkaline leaching for both the oxidized ore and reduced materials whether the input materials are unprocessed or a flotation concentrate. Also the particular host minerals or complexes for vanadium, including the organic compounds, in the host carboniferous shale will be further identified in order to better refine the processing targets for vanadium recovery.

Further work is planned to see if the alkaline processing option can be optimized, and additional tests are planned to determine if the organics and carbonates can be removed from the vanadium adequately so that less acid or alkaline would be used, thereby enhancing the economics of the project. In addition, the particular host minerals or complexes in the host carboniferous shale, including the organic compounds, will be investigated to refine the processing targets for vanadium recovery.

The Company will file the report and make it available to the public when completed.

The Bisoni McKay Vanadium Property is located in the northern limits of Nye County in central Nevada near the Eureka County boundary and is situated about 40 miles south of the town of Eureka and about 130 miles due south of Carlin, Nevada. The Property consists of 37 contiguous lode claims on Bureau of Land Management administered land comprising an area of 754 acres (305 hectares).

Lyntek is a mineral processing engineering and construction company located in Denver, Colorado. It was established in 1983, and its core business focus is within the natural resource and environmental remediation sectors. The Company specializes in several engineering products from feasibility studies to commissioning and start-ups.

Ed Ullmer, P. Geo in Westminster, CO is a qualified person for the Company, and assisted in the preparation of this news release.

On behalf of the Board of Directors,

Jim Wall, CEO and Director

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